



Zoilita Grant MS. MCHC.
Director

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Approved and Regulated by the Colorado Department of Higher Education, Private Occupational School Board. A proud member of CAP, ACHE, IMDHA, DCF. & ATPH

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ZOILITA GRANT MS. MCHC.

Find Your Career at the Colorado Coaching and Hypnotherapy Training Institute!

People are seeking to improve their lives and you are in the right place to learn how to help them do it. We provide the high quality skills in all phases of working with clients as essential component in all our programs. If you are looking to have a successful private practice, CCHTI gives you a big advantage in the fact that we teach five different styles of hypnotherapy as well as ways to use them. We also teach very concrete applications of these skills. When dealing with human beings, having many tools makes you more effective. Included in every certification training are excellent marketing tools and tips. Our programs are designed to help you work with real people, and to help them work with their real issues in life. We have excellent continuing education classes designed to keep your skills cutting edge and to teach the latest of techniques and applications.

Classes are scheduled with the working person in mind and you can learn a new career by going to school on weekends. We have a weekday for current psychotherapists in the fall. We are here to help you succeed. Working with people to improve their lives is a very meaningful thing to do with your life. Thank-you for making us a partner in your new career or to expand your current one!

We also offer classes in personal growth and business development.

Zoilita Grant MS. MCHC. Owner and Director

Entrance Requirements

The school does not discriminate based on race, sex, religion, ethnic origin, or disability. The school recommends that prospective students have a high school diploma or equivalency diploma prior to enrollment. If applicants are beyond the age of compulsory school attendance in Colorado and do not possess a diploma or equivalency diploma, an interview may be necessary in order to determine ability to benefit from training.

Enrollment

Prospective students may enroll anytime prior to the program that they are enrolling in, unless maximum class size has already been reached. No late enrollments will be accepted without permission of the Director.

Attendance Policy

Students are expected to arrive on time for class. It is mandatory that students complete the total hours required for certification. Any time missed must be made up, either by attending a future scheduled class, or by arranging private instruction with instructor. Private instruction will result in additional fee negotiated with instructor. Instructor may request your withdrawal from a course or program if excessive absences or tardiness lead to unsatisfactory progress. Students who are unable to continue classes for medical reasons or severe personal problems will be required to take a leave of absence until they are able to return to class. Proper documentation will be required to substantiate a student's withdrawal.

Progress and Grading Policy

The school uses no formal grading policy. Students are graded on a pass/fail system. By the end of the semester, students will need to be able to demonstrate basic skills of the particular modality that they are being certified in...ie hypnotherapy.

CERTIFICATION PROGRAMS **Dates**

MASTER HYPNOTHERAPIST 4/21/12-9/8/12

Cost: \$3335.00 (you save \$200 by early enrollment)

**HYPNOTHERAPY FOR 9/25/12-2/19/13
GRADUATE PSYCHOTHERAPISTS**

Cost: \$2535.00 (you save \$200 by early enrollment)

PAST LIFE REGRESSION 8/3-8/4-8/5/12

Cost: \$510.00

**HYPNOSIS FOR PEAK/
SPORTS PERFORMANCE 10/13-10/14/12**

Cost: \$340.00

**HYPNOSIS FOR 11/10-11/11/12
PAIN RELIEF**

Cost: \$340.00

OPEN TO THE PUBLIC CLASSES

(Not occupational training)

THE SECRET LIFE OF DREAMS 2/21/12

Cost: \$40

MINDSET FOR SUCCESS 3/6/12-6/18/12

How to develop the business that you really want!

Cost: \$320 1ST and 3RD Wednesdays

DREAMWORK 3/20/12

Cost: \$40

YOUR PROSPERITY SOLUTION 4/17/12

Cost: \$40

RADIANT HEAR HEALING 6/23-24/12, 7/21-22/12, 8/25-26/12

Cost: \$1050 (you save \$50 by full pay)

Placement Assistance

No placement assistance is offered. Training is provided in setting up a professional practice and meeting local and state requirements. The school creates on going support for members of the community, consulting, and supporting graduates in establishing a private practice and/or association with other practitioners.

National Certification Exam

for Hypnosis professions, the International certification exams are administered by a designated examiner for the American Council of Hypnotist Examiners, the International Medical and Dental Hypnotherapy Association and the International Association of Counselors and Therapists. These exams demonstrates to the public, other health-care providers, and colleagues that a minimum standard of education and/or experience in the professions of hypnotherapy and Hypnotic-Coaching™ has been achieved. Students are also observed doing session and are required to have basic levels of competency in their skills.

Previous Credits

Credit from another institution will not be accepted without approval of the Director. We do not guarantee transferability of our credits to another institution without written agreement between that institution and ourselves.

Facilities

The school office is located in Longmont, CO. Classes are also taught there and also at different locations. Each technique is offered through lecture and experiential exercises in the comfortable classrooms equipped with dry erase board, stereo, and video. Time is allotted for students to demonstrate their grasp of material for each skill and technique in small study groups held in rooms comfortably furnished with either recliners or other appropriate equipment.

Conduct Policy

All students are expected to act mature and are required to respect other students, faculty members, and school property. Possession of weapons, illegal drugs, and alcohol of any kind are not allowed at any time on school property. Any violation of school policies may result in permanent dismissal from school.

A student who violates safety regulations, interferes with other students’ work, is, under the influence of alcohol or drugs, or does not make timely tuition payments is subject to permanent dismissal from school. A student also may be withdrawn from classes if he or she does not prepare sufficiently, neglects assignments, or makes unsatisfactory progress. The director, after consultation with all parties involved, makes the final decision. Instructors may temporarily suspend a student whose conduct is disruptive or unacceptable to the academic setting. After appropriate counseling, students who demonstrate a genuine desire to learn, and conform to school standards of conduct, may be allowed to resume attendance. The director will review each case and decide upon remittance.

Refund Policy

Students not accepted by the school and students who cancel this contract by notifying the school within three business days are entitled to a full refund of all tuition and fees paid. Students who withdraw after three business days, but before commencement of classes, are entitled to a full refund of all tuition paid except the cancellation fee of \$150.00 and \$200 School Administrative Fee. In the case of students withdrawing after commencement of classes, the school will retain a cancellation fee, School Administrative fee plus a percentage of tuition which is based on the percentage of contact hours attended, as described in the table below. The refund is based on the last date of attendance.

Refund Policy Continued:

The official date of termination for refund purposes is the last date of recorded attendance. All refunds will be made within 30 days from the date of termination.

- a. The date on which the school receives notice of the student’s intention to discontinue the training program; or
- b. The date on which the student violates published school policy, which provides for termination.
- c. Should a student fail to return from an excused leave of absence, the effective date of termination for a student on an extended leave of absence or a leave of absence is the earlier date the school determines the student is not returning or the day following the expected return date.

The student will receive a full refund of tuition and fees paid if the school discontinues a course program within a period of time a student could have reasonably completed it, except that this provision shall not apply in the event the school ceases operation.

If satisfactory resolution cannot be reached between the student and the school, the student may file a written complaint online with the Colorado Division of Private Occupational Schools at higher.ed.colorado.gov/dpos or by requesting a complaint form at 303-866-2723. There is a two year limitation on the Division taking action on student complaints.

Refund Table

Student is entitled to upon withdraw/termination	Refund
Within the first 10% of program	90%
After 10% but within the first 25% of program	75%
After 25% but within the first 50% of program	50%
After 50% but within the first 75% of program	25%
After 75%	None

Postponement Of Start Date

Postponement of a starting date, whether at the request of the school or the student, requires a written agreement signed by the student and the school. The agreement must set forth: A. Whether the postponement is for the convenience of the school or the student, and: B. A deadline for the new start date, beyond which the start date will not be postponed. If the course is not commenced, or the student fails to attend by the new start date set forth in the agreement, the student will be entitled to an appropriate refund of prepaid tuition and fees within 30 days of the deadline of the new start date set forth in the agreement, determined in accordance with the school’s refund policy and all applicable laws and rules concerning the Private Occupational Education Act of 1981.

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*Let us train you
To make a six
figure income
with your
Successful Private
Practice!*

Market for Hypnotherapy In America

Hypnotherapy is the use of hypnosis as a therapeutic tool of psychotherapy. Hypnotherapy creates fast and effective personal growth.

Hypnotherapy creates fast and effective personal growth. The opportunities are limitless for Hypnotherapists who can produce lasting results in a six to eight month time range. Hypnotherapists need always to work within the scope of their training.

Complimentary Medicine: 50% of Americans spend money on complimentary medicine. Every year these numbers increase. As a hypnotherapist, you can work to help with the mind/body connection and support holistic healing. Research is now proving this.

Weight Mastery: 78% of all Americans would spend money to lose weight. Hypnotherapy has been proven effective to create lasting weight mastery.

Stop Smoking: Millions of Americans want to quite this expensive, dangerous, life consuming habit.

“Though often denigrated as fakery or wishful thinking, hypnosis has been shown to be a real phenomenon with a variety of therapeutic uses - especially in controlling pain.” *Scientific America* May 2002

“Research over the last 40 years shows that such hypnotic techniques are safe and effective. Furthermore, a growing number of studies show that hypnotherapy can treat headaches, ease the pain of childbirth, aid in quitting smoking, improve concentration and study habits, relieve minor phobias, and serve as anesthesia - all without drugs or side effects.” *Psychology Today* January 2001

We are regulated by the Colorado Department of Higher Education, Division of Private Occupational Schools.

We are Accredited by:

The American Council of Hypnotists Examiners, the International Hypnosis Federation, and the International Medical and Dental Hypnotherapy Association. We are also a member of The Colorado Association of Psychotherapists and the Denver Coach Federation.

Our Continuing Education Units are accepted by:

ACHE, IHF, ATPH, IMDHA/ IACT
And many other organizations upon student request .

The School is owned and Directed by:

Zoilita Grant MS MCHC. Who learned the power of hypnosis through the impact on her own life and the lives of thousands of people she worked with over the last 40 years. For most of her adult life she practiced hypnotherapy. She practiced in three different states and two countries and always made an exceptional living. She stopped practicing hypnotherapy in 2007 and now practice business coaching. She helps business owners to clarify and prioritize their focus so that they can make more money and work a lot less. She helps her clients: to know where they are going, strategize actions, upgrade skills, maximize their environment and organize themselves. She also has a line of Hypnosis CDs for the public and have written and self published over twenty-seven books for Hypnosis practitioners. She grew up in Berkeley, California during the 1960's and has spent her whole life focused on facilitating human potential. She is internationally known in hypnosis and practiced for nearly 40 years. She learned five styles of hypnosis which she shares with her students.

Our Purpose:

Our purpose at Colorado Coaching and Hypnotherapy Training Institute is to support the evolution of humanity through the transformation of consciousness. We believe that as individuals change their minds they then have the capacity to change their lives. All of our occupational training programs are designed to facilitate the ability of clients to change their minds and their lives. We train hypnotherapists to have the skills necessary to establish successful private practices. In addition to our foundation courses, we offer Continuing Education Credits and Specialty Certifications.

Our Values:

- ◆ We value our students.
- ◆ We value our teachers and staff.
- ◆ We value excellence and quality education.

We value growth, adventure, involvement, competence, creativity, ecological awareness, effectiveness, efficiency, ethics, helping society, honesty, harmony, wisdom, wealth, freedom, and spirituality.

Our Vision:

Our vision is to provide quality education in current and future programs. We intend to continue to develop an institution with high standards for excellence that grows and evolves over time. We seek respect and to create positive influence. We offer connection and appreciation. We hope to be your choice for education throughout your career.

Zoilita Grant MS. MCHC



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www.ColoradoCoaching.net

About Our Programs

Our programs train individuals for careers that support evolution and excellence. We have had certifying programs for Hypnotherapists for twelve years. Students receive excellent training, books, and materials. We will help you to build your confidence as you build your skills.

What makes our Hypnotherapy trainings unique?

You learn how to work with both the inner and outer person.

You get a strong counseling foundation.

You develop confidence by learning hypnosis in depth.

You learn five style of hypnotherapy.

Confident in your hypnotherapy skills, you have resources when you need them.

You will receive excellent training, books and materials.

We prepare you for success in your private practice. .

You will get great business training.

You will learn how to successfully market your practice.

Master Hypnotherapist Certification:

Students will be excellently trained, Master Hypnotherapists. These Certified Master Hypnotherapists work to help individuals dealing with specific life challenges or requiring wellness procedures. Skills can be used with all issues where there are emotional or psychological elements. The training is excellent for creating a successful private psychotherapy practice. This is a complete training to practice as a registered psychotherapist as the law requires in Colorado. Hypnotherapy skills include directive and non-directive hypnosis as well as the technique of Regression, Clinical and Alchemical Hypnotherapy. Students will learn the application of these techniques for weight, smoking, anxiety, depression, disease, spiritual aspects of hypnotherapy, how to run hypnosis classes and groups as well as many other areas. Classes meet Saturday and Sunday from 9:30 to 5:30 pm at 200 Lincoln St. Longmont, CO. The training is taught by Zoilita Grant MS. MCHC. At least 1 hour of reading is required for each day in class. Completion of this program and the 27 hr practicum leads to certification as a Master Hypnotherapist. Total Cost of Program: \$3335 (you save \$200 by early enrollment 3/1/12 \$3135) For more information zoilita@zoilitagrants.net or 303-776-6103

Hypnotherapy for Graduate Psychotherapists Certification:

This Certification is designed for graduate level practicing psychotherapists, graduate students, Chiropractors, Acupuncturists or Naturopaths who want to add hypnotherapy to their skills. This is a fast paced class that requires some individual study. Using the most sophisticated and useful Hypnotic techniques, this training includes powerful client centered interactive hypnotherapeutic processes that allow clients to find the answers from within their own subconscious. This approach builds confidence and rapport, while empowering the client. Teacher: Zoilita Grant MS. MCHC.

Both of our hypnotherapy trainings include deep trance, suggestion work and powerful interactive hypnotherapeutic processes that allow clients to find the answers from within their own subconscious. This approach builds confidence and rapport, while empowering the client. The training's are both a unique education and transformative personal experience. Choice Theory and Client Management Skills are interwoven to create a very powerful positive change, therapy model.

We also offer several excellent **Specialty Certifications** and many **Continuing Education Classes** to complete our programs.

“The classes I have been taking at the school are excellent! I particularly like the way they build on one another and the opportunity to practice frequently is a real plus. Probably the most significant thing to me, in addition to the fact that Zoilita is a fabulous teacher, is the way she addresses safety and integrity - two things that are so important when dealing with clients. Anyone attending the school can be assured that by the end of the program, they will be fully trained.”

- Leigh Perry CCHt.

“The training I received at the school was truly amazing! The classes were through and inspiring. I was well prepared to open my practice upon graduation. Being a hypnotherapist is a wonderfully rewarding Career! The drives to Longmont were well worth it and really paid off in the end!”

**Carissa Brown, CCHt.
Denver Counseling Hypnotherapist**

Getting Started

1. Visit our websites at: **www.ColoradoHypnotherapy.com**
www.ColoradoCoaching.net
2. Attend a Career Night here at the school or call today for an individual apt. 303-776-6103.

Career Nights “The Truth about Hypnotherapy”

200 Lincoln Street Longmont, CO

7:00 - 8:30 pm 2/27/12, 3/13/12, 4/5/12

Rsvp 303-776-6103 zoilita@zoilitagrants.net

Programs have an additional \$200.00 School Administration Fee. If you register for any Hypnotherapy certification with a \$535.00 class deposit by an early enrollment date, your \$200.00 School Administration Fee will be waived.

Faculty and Staff:

School Director: Zoilita Grant MS. MCHC.

School Faculty: Zoilita Grant MS. CCHt.
Dr. Sharon Wesch
Edward Chavez Ph.D. CCHt.

Web Designer: Mark Clevenger

School Administrator: Rick Grant

Maintenance Director: Rick Grant

MASTER HYPNOTHERAPIST 4/21/12-9/8/12

COURSE SCHEDULE SAT-SUN Program 225 HRS

Taught By: Zoilita Grant MS. MCHC. 9:30 am to 5:30pm 200 Lincoln St. Longmont, CO 80501

MHYP 100 INTRODUCTION TO MASTER HYPNOTHERAPY: 4/21-4/22/12 (2 days) Students will learn that being a Master Hypnotherapist is about working with clients from the inside out to change and transform their lives. Students learn all of the fundamentals of hypnotherapy in this class to include material that some schools take many days to cover. Students will learn the techniques of five styles of hypnosis. Students learn how to teach and use self hypnosis and mindfulness with clients.

MHYP 102 CLIENT ASSESSMENT AND PLANNING: 5/5-5/6/12 (2days) Students will learn how to conduct a client assessment interview, establish and keep a client file, client paperwork, confidentiality and case management. Counseling skills are learned. Included is an overview of state requirements. Students will receive client session guides as a template for running their sessions. Students will be trained in counseling skills, learning to use communication skills and effectively work with clients. Learning includes effective theories that work in a client centered style.

MHYP 103 THE IMPACT OF PERSONALITY: 5/26-5/27, 6/2-6/3/12 (4 days) The impact of personality on habits and behaviors is explored in the second two days of this class. Alchemical Hypnosis techniques and interactive process are designed to change behaviors. Students learn sub-personality protocols such as, how to find Inner/Spiritual Resources, work with parts and do Committee Room Techniques. Students will learn how to use hypnosis to work with the parts of the personality to achieve results. The focus is on creating a strong functional adult self.

SPECIFIC REGIMINES OF HYPNOTHERAPY (12 days) There are tremendous opportunities for hypnotherapists. This section of classes deal with specific applications of hypnosis design to get you real clients and a thriving practice. Hypnosis Works! Students learn to work specifically with stress, weight, smoking, habits, and health. In the health area, students learn to support individuals with cancer, respiratory issues and headaches etc. Learn tips and techniques to work with each type of client and how to establish yourself in a specific area of practice focus. Students also learn to work with spiritual aspects of hypnosis and how to run hypnosis based groups. The classes included are below:

1. HYPNOSIS FOR ANXIETY AND DEPRESSION: 6/9-6/10/12 (2days) Anxiety and depression are two areas, which can be greatly helped by hypnotherapy. As a student, you will learn techniques to help eliminate the emotional causes of both anxiety and depression. You will be taught ways to help clients reduce and handle personal stress by changing elements of their personality. You will learn comprehensive programs to work with both anxiety and depression, as you learn to teach clients positive self-talk, how to change their belief systems and how to create internal balance. Client handouts are included.

“My experience at CCHTI was enlightening and life changing! Zoilita brings her depth of knowledge and true wisdom into the classroom and into her relationships with her students. This approach to Hypnotherapy is empowering and truly does support and encourage self-healing.”

- Amanda Wallace LPC. CCHt.

2 HYPNOSIS FOR WEIGHT, HABITS, 6/16-6/17, 6/30/12 (3 days) AND TO QUIT SMOKING

Weight is the #1 reason clients come to hypnotherapy today. Students will learn many techniques that make a very effective program to work with groups and individuals. The crucial underlying issues that create weight will be studied with specific techniques to work with them. Students learn an effective four sessions Protocol to work with smoking. This is one of the main reasons clients seek hypnotherapy. Being able to work effectively with this issue opens the door to expanding your practice. This class will teach students how to use hypnosis to help clients quit smoking. Students how to work individuals learn with an effective four session protocol. Students will also learn how to present educational and effective classes to coach clients to quit smoking. This is one of the main reasons clients seek hypnosis. Being able to work effectively with this issue opens the door to expanding your practice.

3 HYPNOSIS FOR HEALTH 7/14-7/15/12 (2days) This class teaches mind-body-spirit and emotional interaction as it relates to hypnosis. Students will learn techniques of visualization and how to help clients improve these skills. The Hypnosis for Health and wellness will teach students how to use hypnosis to effectively coach clients suffering from disease. Techniques are taught for working with Cancer, respiratory problems, headaches, and allergies, as well as how to determine and deal with secondary psychological gain. You will learn step-by-step effective ways to boost the immune system and create healing metaphors. Students will receive an excellent selection of handouts and scripts as well as a comprehensive training manual.

4. TRANSPERSONAL HYPNOSIS 7/28-7/29/12 (2 days) Students will learn tools to facilitate clients in finding their Inner Wisdom through hypnotic techniques. Training will given in how to work with the chakras, color and energy. Students will also learn to work with clients in the areas of art, music, mandalas and much more. This class will give you a wonderful tools to expand your work with clients. Intuitive Development is a key element in using these tools. Students learn how to use these tools to facilitate their clients healing. Key elements of Transpersonal Hypnosis will be taught. Day II is Alchemical Dreamwork, as students learn how to help clients work with their dreams. This area is great for personal Soul growth.

5. HOW TO RUN HYPNOSIS CLASSES: 8/11-8/12, 8/18/12 (3 days) One of the best ways to build a successful private practice is do effective on going hypnosis groups and classes. Students in this workshop will learn how to use a combination of hypnosis, journaling and group dynamics to create a variety of ongoing hypnosis based groups and classes. The class will focus on specific techniques to work with weight, fears, stress, pain and smoking in a group situation. Students will practice with group dynamics and journaling as they learn to create dynamic hypnosis based groups. Students will receive an excellent selection of handouts and group outlines to use with your own groups. Students will learn to work with both large and small groups. A great list of sample groups is included. The third day is Solution Focused Hypnotherapy. This style of Hypnotherapy begins with a journey to find the Future Self that lives in the client's Ideal Life. The Future Self has solved the current problems and issues and can serve as a guide for the client. The client is educated about the keys to their Ideal Life and discusses their individual Wheel of Life. The exercise, "Defining Your Ideal Life" can either be done before or after the Journey to Find the Future Self

MHYP103 BULLSEYE MARKETING AND CERTIFICATION 9/8-9/9/12 (2 days) Students will learn how to build a successful private practice, including how to get and keep clients, find good referring sources, and learn ways to recession proof their practices. This class will teach students the nuts and bolts on how to earn a 6-figure income as a hypnotherapist. They will learn real tools on how to create a business plan, and learn strategies to build a profitable practice. Students will complete certification process to become a Master Hypnotherapist, review all practicum assignment and complete the certification exam and state paperwork.

RADIANT HEART HEALING

6/23-24/12, 7/21-22/12, 8/25-26/12

(open to the public) Dr. Wesch is available for personal sessions.

Cost: \$1050 (you save \$50 by full pay \$1000 or \$350 per weekend)

6 days 9:30-5:30 SAT-SUN 9:30-5:30

Taught by Dr. Sharon J. Wesch who developed Radian Heart Therapy. 200 Lincoln St. Longmont, CO. 80501 This method uses the energy from the human heart to radiate throughout the client in an effort to promote healing and to provide a client with an internal balance and sense of peace. The strongest organ in our bodies, our hearts, are designed to sustain life. When we experience an imbalance or disruption in our life energy, the source of life is the natural cure for achieving harmony and healing. Working directly from the heart chakra, Radiant Heart Therapy trains people with the ability to feel the love energy within. Divine love is offered as a source of healing and individuals are led to discover their own divine love. By guiding them through a series of affirmations and techniques, the client is able to identify their true sense of inner peace, accord, and affection. Not only are clients able to locate this divine source of power and love, they are also able to examine the effects it has on them internally. Many times clients do not see themselves as worthy of being loved. This can lead to many psychological, emotional, and even physical symptoms. It is then that the client must learn how to embrace their divine love and turn it inward toward themselves. External healing of symptoms will never be able to be achieved until internal healing takes place..

RADIANT HEART HEALING: Level I

In her first book, *The Radiant Heart*, Dr. Wesch states: “The root cause of both psychological and physical illness is the disconnection from the soul.” She believes that true healing involves teaching people to open their hearts, clear the energy of stored emotional pain, and then fill their hearts with the energy of spiritual love to restore their natural state of radiance. Dr. Wesch designed a unique process to forge the connection back to soul ... a spiritual healing process which facilitates both psychological and physical transformation. This powerful tool for self-healing can also be used to facilitate transformational experiences with your clients. Radiant Heart Healing is designed to be experiential. You will work on yourself as well as facilitating healing sessions for classmates. Be prepared to laugh, cry, learn, grow, and transform through LOVE and JOY!

Topics Covered in Level I Training:

*Identifying open heart and closed heart*Removing the energetic shield from your heart *Anchoring your soul in your heart *Becoming the master of your emotions ... own it ~ feel it ~ release it
*Releasing past emotional trauma and repressed emotions *at the cellular level* *Healing old negative thought patterns & achieve permanent shifts in consciousness *Raising Your Vibration ~ Opening Your Heart to Love *Healing grief ~ a 4 step program

RADIANT HEART HEALING: Level II

HEALING PRENATAL EMOTIONAL WOUNDING

Babies in the womb are sensitive human beings who have the ability to think as well as feel. For most people the womb experience is not all that wonderful. Research shows that approximately 80% of adults have some form of prenatal emotional wounding. Your anxiety and/or depression may have started in the womb. Babies who feel unwanted or unloved make decisions like, "I'm unlovable." These infants close off their heart chakra and are unable to form healthy love relationships as adults. You might be thinking, "I remember no such thing." Of course, you don't remember your prenatal decisions or your prenatal emotional wounds. All of this is stored in your unconscious mind. Professionals in prenatal psychology believe that stored emotional pain and prenatal decisions absolutely do affect your thoughts, feelings, and behaviors as an adult. Your prenatal emotional pain and your prenatal decisions control you as long as they are unconscious. Bring them to consciousness and you can control them!

Topics Covered in Level II Training:

- *Identify and heal harmful prenatal decisions
- *Release emotional pain from prenatal wounds
- *Clear a death wish that started in the womb
- *Release anxiety & depression that started in the womb
- *Identify & heal the vanishing twin syndrome.

RADIANT HEART HEALING: Level III

MASTERING SOUL LESSONS AND DISCOVERING LIFE PURPOSE

Would you like your daily life to be filled with joy, passion, creativity, purpose, and an abundance of love? This is the way of the soul! Indeed, your soul wants you to create a "radiant life" for yourself. So why are so many people living in pain and suffering instead of the higher vibrations of joy and love? The answer is quite simple; we are a nation of people who are disconnected from our souls. This workshop will teach you the Radiant Heart Healing techniques so you can connect with your soul, anchor that energy in your heart chakra, and align the wishes of your personality with the wishes of your soul. This is the key to soul evolution!

Topics Covered in Level III Training:

- *Use Your Soul Eyes to View Life Here on Earth
- *Enhance Your Intuitive Connection to Your Soul
- *Identify Soul Lessons You Came Here to Learn
- *Discover Your Soul Purpose
- *Find the answer to: "Why Am I Here?"
- *Manifest Your Purpose Here on Earth
- *Understand Difficult Relationships in Terms of Life Lessons
- *Raise the Vibrational Frequency of Your Spirit

Sharon J. Wesch, Ph. D. is a spiritual healer, author, motivational speaker, psychotherapist (Doctorate is in Clinical Psychology), and an expert in Energy Medicine with 30 years experience of using spiritual healing with her clients. She is also trained in transactional analysis, prenatal psychology, clinical hypnosis, biofeedback, NLP, Reiki, and Mari-El Healing and has been an instructor for 3 colleges. In addition to teaching Radiant Heart Healing, she offers individual healing sessions working with clients for anxiety, depression, grief, self-esteem, love relationships, personal growth and spiritual growth. She has presented her work in England, Canada, Mexico, Egypt and throughout the United States. Dr. Wesch has certified Radiant Heat Healing Practitioners in London, Chicago, Miami, San Francisco, Albany, and throughout the Midwest. She now lives and works in the Austin, Texas area and is the Director of the Radiant Heart Healing Institute.

HYPNOTHERAPY FOR GRADUATE PSYCHOTHERAPISTS 9/25/12-2/19/13

COURSE SCHEDULE TUESDAY Program 185 HRS

Taught By: Zoilita Grant MS. MCHC. 9:30 am to 5:30pm 200 Lincoln St. Longmont, CO 80501

INTRODUCTION TO GRADUATE HYPNOTHERAPY: 2 days 9/25/12 &10/2/12

Designed to teach students basic hypnosis skills in five styles of hypnosis including 1. Clinical Hypnosis: 2. Alchemical Hypnotherapy: 3. Cellular Block Clearing Techniques 4. Regression Therapy: 5. Transpersonal Hypnotherapy. Students also learn rapport building, levels of trance and forms of induction with an emphasis on the mind/body connection. Students will learn a very effective system of how to teach self-hypnosis. The focus of this class is on applications to psychotherapy practices.

HYPNOSIS FOR SUB-PERSONALITY: 4 days 10/9, 10/16, 10/23, 10/30/12

Students will learn to work with personality to transcend the parts and create the Divine Adult. Inner conflicts will be resolved by strengthening the spiritual resources of the client. Alchemical Hypnotherapy is the foundation of this work. Alchemical Hypnotherapy techniques and interactive process are designed to change behaviors. Students learn protocols with ample practice time. Students will learn how to do Inner Child / Inner Family Work, Develop Inner Resources and do Committee Techniques. Focus is on creating a strong functional adult self.

HYPNOSIS FOR ANXIETY AND DEPRESSION: 2 days 11/6/12 & 11/13/12

Anxiety and depression are two areas, which can be greatly helped by hypnotherapy. As a student, you will learn techniques to help eliminate the emotional causes of both anxiety and depression. You will be taught ways to help clients reduce and handle personal stress by changing elements of their personality. You will learn comprehensive programs to work with both anxiety and depression, as you learn to teach clients positive self-talk, how to change their belief systems and how to create internal balance. An excellent workbook and client handouts is included.

HYPNOSIS FOR WEIGHT, SMOKING AND ADDICTION RECOVERY: 3 days 11/27, 12/4 & 12/11/12

Weight is the #1 reason clients come to hypnotherapy today. Students will learn many techniques that make a very effective program to work with groups and individuals. The crucial underlying issues that create weight will be studied with specific techniques to work with them. Students learn an effective four sessions Protocol to work with smoking. This is one of the main reasons that people seek hypnotherapy. Learning to work successfully with smokers is a big boost to your practice. Addictions run rampant in our society...causing cravings from chocolate to alcohol, the addictions damage client's lives. Learn to help clients find recovery through a program that helps people to find their authentic self. Advanced Sub-Personality work is included. Awareness and choice are developed in a cognitive behavior model. A system of working towards recovery is presented that can be adapted according to your areas of competency.

HYPNOSIS FOR HEALTH: 2 days 1/8/13 & 1/15/13

Hypnosis for Health will teach students how to use hypnosis to effectively help clients suffering from disease. Techniques are taught for working with Cancer, respiratory problems, headaches, as well as how to determine and deal with secondary psychological gain. Skills will include: Understanding the mind/body connection and disease; Developing and working with Inner Resources; using parts work with disease and how to develop hypnotic voice, visualization and language techniques. Hypnotic phrasing; Metaphor and symbolic language; use of voice as a hypnosis tool; creating direct and indirect suggestions; types of anchoring; creating powerful visualizations; teaching visualization skills to clients.

HYPNOSIS FOR TRANSPERSONAL ISSUES: 2 days 1/22/13 & 1/29/13

This class teaches the application of hypnotherapy in a very holistic, spiritually based manner, Soul orientation which allows for the integration of parts of the client's personality through Body/Mind/Spirit/Emotions. It teaches how to work with chakras, dreamwork. And intuitive development. Students will learn tools to facilitate clients in finding their Inner Wisdom. The use of art, music, pictures, dreams, games and much more will be added to their "Toolbox." Intuitive Development is a key element in using these tools. Students learn how to use these tools to facilitate their clients healing. Key elements of Transpersonal Hypnosis will be taught.

HOW TO RUN HYPNOSIS CLASSES: 2/5/13 & 2/12/13 (2 days) One of the best ways to build a successful private practice is do effective on going hypnosis groups and classes. Students in this workshop will learn how to use a combination of hypnosis, journaling and group dynamics to create a variety of ongoing hypnosis based groups and classes. The class will focus on specific techniques to work with weight, fears, stress, pain and smoking in a group situation. Students will practice with group dynamics and journaling as they learn to create dynamic hypnosis based groups. Students will receive an excellent selection of handouts and group outlines to use with your own groups. Students will learn to work with both large and small groups. A great list of sample groups is included.

BULLSEYE MARKETING & CERTIFICATION EXAM: 1 day 2/19/13

Students will learn how to build a successful private practice, including how to get and keep clients, find good referring sources, and learn ways to recession proof their practices. . Students will complete certification process to become a hypnotherapist, review all practicum assignment and complete the certification exam.

"I recently completed the Graduate Psychotherapist Hypnotherapy class. I loved the transpersonal approach, as well as Zoilita's generosity, experience, and open-mindedness. She offers many manuals and handouts that supported my learning, and I continue to refer to them in my practice because they are so helpful."

**Alice Clark MA. LPC, CAC III CCHt.
Psychotherapist/Hypnotherapist
Boulder, CO**

CLASSES:

The Colorado Coaching and Hypnotherapy Training Institute offers an opportunity for incredible educational and professional support. The classes in our weekend format training are available to Hypnotherapists as Continuing Education Classes at a day rate of \$170 per day. This makes our specific style of hypnotherapy more available to you who are already certified in the field. The school is accepted for continuing education units by the ACHE, IMDH, IACT, IHF, NGH, & ATPH. Each day class is 8.5 CEU's and two-day classes are 17 CEU's. Please let me know what you are interested in taking, because space is limited. A \$50.00 deposit is required to hold your place. Since many of these classes require a minimum number of students to pay teacher fees, please register at least two weeks prior to class date.

We also offer classes that are available to the general public in various areas of personal growth, spiritual development and business skills. These classes say open to the public and are priced as listed after the class description.

To register call 303-776-6103 or zoilita@zoilitagrants.net

HYPNOSIS WITH CHILDREN AND ADOLESCENTS 2/11-2/12/12

Cost: \$340 2 Days, 17 CEUs, 9:30 am to 5 pm SAT-SUN

Taught By: Zoilita Grant MS. MCHC. 200 Lincoln St. Longmont, CO. 80501

Hypnosis with Children and Adolescents teaches techniques that range from Hypnotic Play Therapy to adolescent group work. Learn how to create effective inductions for children as young as two years. Students learn to work with developmental stages to create very effective Children's Therapy. They also learn the Storytelling Protocol and how to create personal stories. As a student you receive excellent reference materials and tools designed to help you create real success in your practice. Part of day 2 focuses on ADD and peak performance techniques. Included in the ADD material are techniques to work with adult ADD. All the techniques need for the class are taught within the class.

THE SECRET LIFE OF DREAMS 2/21/12

(open to the public) Cost: \$40 7-8:30 pm Tuesday

Taught By: Zoilita Grant MS. MCHC. 200 Lincoln St. Longmont, CO. 80501

Every night while you are sleeping, your dreams are having their own secret life. They process your day, organize your experiences and integrate your lessons into your life. Would you like to remember your dreams better and understand their importance? Zoilita Grant has been a student of dreams her whole life. She has her followed her own and is ready to teach you key tips to understand and use your dreams.

DREAMWORK 3/20/12

(open to the public) Cost: \$40 7-8:30 pm Tuesday

Taught By: Zoilita Grant MS. MCHC. 200 Lincoln St. Longmont, CO. 80501

Learn to work with your dreams in a way to benefit your life. Practice concrete tools of dream interpretation and learn powerful strategies of dream incubation.

Everyone dreams and all dreams have meaning. This class open an new world for you and help you use your dream time in a more productive way

MINDSET FOR SUCCESS March 6th -June 18th 2012

(open to the public) Cost: 8 sessions @ \$40 per session 11:30-12:45

1st and 3rd Wednesdays

Taught By: Zoilita Grant MS. MCHC. 200 Lincoln St. Longmont, CO. 80501

How to develop the business that you really want! Being an independent business owner, coach or psychotherapist can be incredibly lucrative. Income levels range from a few thousand a year to \$200,000 plus. Unfortunately most individuals make between \$30,000 to \$60,000 a year and very few make \$100,000. Would you like to discover the secrets of how to end the struggle to get customers/clients and have a business that really thrives? Are you looking to take your business to the next level of financial success? **MindSet for Success** will do more than teach you how create a business vision and to set goals, it will use hypnosis to change your mental scripting so your goals really happen! This class will give you a quantum leap into the next level. A Master Mind Alliance is utilized as you learn techniques to create focus and establish the mindset and habits that guarantee success. Class size is limited to 10 so please register early.

QUANTIUM FOCUSING 3/17-3/18/12

Cost: \$340 2 Days, 17 CEUs, 9:30 am to 5 pm SAT-SUN

Taught By: Zoilita Grant MS. MCHC. 200 Lincoln St. Longmont, CO. 80501

MINDGAMES THAT WIN® Learn how to help create peak performance for yourself and your clients. If you are interested in building your practice by helping clients Work and Play at the TOP OF THEIR GAME. This training is for you! Millions of people, from all walks of life, are playing mind games that undermine their confidence and throw them off their game. This class will teach you how easy it is to transform those “mind games” into MINDGAMES THAT WIN®.* You will learn innovative ways to motivate, empower and teach clients healthy ways to unwind, recharge and be more effective. You will learn a powerful, practical system of “mental exercises” that promote personal empowerment and high level functioning using a special blend of self-hypnosis, meditation and focused attention training, that is called QUANTUM FOCUSING ® Michael Elnor and Alan Barsky This class is based on their material. All the techniques need for the class are taught within the class.

NLP ANCHORING AND HOW TO WRITE 4/14-4/15/12
EFFECTIVE HYPNOSIS SCRIPTS

Cost: \$340 2 Days, 17 CEUs, 9:30 am to 5 pm SAT-SUN

Taught By: Zoilita Grant MS. MCHC. 200 Lincoln St. Longmont, CO. 80501

Students will learn very effective and powerful techniques of Neural Linguistic Programming. NLP is very powerful for creating very effective anchors. Anchoring is the act of connecting a new response (desired state) to familiar stimulus (trigger), e.g., Pavlov's conditioned reflex response. Anchoring may be done with words, touch, or images. Students learn how to effectively identify triggers and to anchor suggestions that create lasting change. Writing your own scripts is a skill that will help to build a practice that sustains itself. All the techniques need for the class are taught within the class.

YOUR PROSPERITY SOLUTION 4/17/12

(open to the public) Cost: \$40 7-8:30 pm Tuesday

Taught By: Zoilita Grant MS. MCHC. 200 Lincoln St. Longmont, CO. 80501

You heard about the Secret... You hope it works... This class will teach you the secret of the secret and how to live it in your life! You will experience a deep clearing process to remove the blocks to your prosperity. The secret of true prosperity comes from within you. This class will be a truly transformative experience

PAST LIFE REGRESSION 8/3-8/4-8/5/12

Specialty Certification Cost: \$510.00, 3 days, 34 CEUs, 9:30 am to 5:00 pm FRI-SAT-SUN

Taught By: Zoilita Grant MS. MCHC. 200 Lincoln St. Longmont, CO.

All the hypnotic skills that you need for the class are taught within the class. Students will learn to resolve core life issues using Past Life Regression Techniques. Students learn induction and Alchemical Hypnotherapy techniques, and how to process the experiences including resolution and integration at a soul level. Finding Gifts from the past, Contract work, and Redecision Therapy are foundation pieces of this class. Students have practice time to really learn the techniques. Students will also learn how to run Discovering Past Lives groups. Students explore how to work with children's past lives. An excellent Manual and scripts are included. Great for personal Soul growth!

OPEN YOUR HEART TO YOUR ANGELS 9/22/12

(open to the public) Dr. Wesch is available for personal sessions.

Cost: \$175 1 Day, 9:30 am to 5 pm SAT

Taught by Dr. Sharon J. Wesch Author of *The Radiant Heart: Healing the Heart/Healing the Soul* 200 Lincoln St. Longmont, CO. 80501 In this workshop, Dr. Wesch teaches heart meditations that allow your angel to emerge from within. Angels are God's messengers of love. Human beings who have closed off their hearts are unable to tune in to these loving messages. Consequently, they are missing guidance and inspiration that is available from angels assigned to help them on their journey through life. **YOU WILL LEARN TO:** *open your heart and remove the shield *feel the energy of Divine love in your heart. *connect with your guardian angel or spirit guide. *stay grounded to the earth and connect to the angels. *bring more peace, joy, and love into your daily life. *expand your consciousness so you can contain more light

DEVELOPING YOUR PSYCHIC GIFTS 9/23/12

(open to the public) Dr. Wesch is available for personal sessions.

Cost: \$175 1 Day, 9:30 am to 5 pm SUN

Taught by Dr. Sharon J. Wesch Author of *The Radiant Heart: Healing the Heart/Healing the Soul* 200 Lincoln St. Longmont, CO. 80501

Expanding Intuition ~ Channeling ~ Automatic Writing. As souls, we all possess psychic gifts waiting to be developed. Using these gifts supports your soul's true essence. Psychic "development" is training your awareness to expand and receive information from others, from the astral planes, and from God directly. This experiential workshop includes practice exercises which help you access the wisdom of your soul and cleansing techniques for yourself and your environment. **IN THIS WORKSHOP YOU WILL LEARN TO:** *Understand and tap into various psychic abilities *Reconnect to your intuition and imagination *Discover your personal pathway to your soul *Open to divine helpers *Use psychic tools: prophesy cards, pendulums, etc. to assist in psychic development *Connect with the wisdom of your soul using automatic writing* Recognize and clear negative energy – stop energy vampires *Honor synchronistic events—they are psychic awareness in action

Dr. Sharon Wesch's work has evolved over 25 years after her first spontaneous Radiant Heart Healing session in 1984 which was guided by Spirit. She is a channel for the ancient healing practices from the Egyptian temples. Dr. Sher is a spiritual healer, author, motivational speaker, with a Doctorate in Clinical Psychology. For 30 years she has used Energy Medicine and spiritual healing with clients. Trained in transactional analysis, prenatal psychology, clinical hypnosis, biofeedback, NLP, Reiki, and Mari-El Healing, she has been an instructor at 3 colleges and lives and works in the Austin, Texas area.

HYP 502 SPORTS/PEAK PERFORMANCE:**10/13-10/14/12**

Cost: \$340.00, 2 days, 17 CEUs, 9:30 am to 5:30 pm SAT-SUN

Taught by Edward Chavez Ph.D. 200 Lincoln St. Longmont, CO.

In this two day course, students will have the opportunity to learn valuable tools and techniques that will support them in working with clients ranging from the recreational athlete to those on an Elite level. An excellent workbook and client handouts are included. Students in the Sport Hypnosis course will learn how to help their clients to: build confidence, increase mental toughness, improve focus and concentration, simply allow their body to operate on pure instinct, play more consistently in "The Zone", recover quickly after a setback or mistake, and maintain calm and relaxation while playing or competing.

HYPNOSIS FOR PAIN RELIEF:**11/19-11/11/12**

Cost: \$340.00, 2 days, 17 CEUs, 9:30 am to 5:30 pm SAT-SUN

Taught by Zoilita Grant MS. MCHC. 200 Lincoln St. Longmont, CO.

Students will learn the psychology of pain; theories of Pain Management; how to understand dissociation and dislocation; techniques of Glove anesthesia; emergency hypnosis; techniques of pain management. How to create Pre-Op / Post-Op. and to work with Hypnodontics. This class includes information on insurance billing and getting referrals from Medical Doctors. Included are Pain Management Session Guides and research you can show to referring sources.

Professional products available at:

www.ZoilitaGrant.net

“2007 has been one of my greatest years of learning and personal growth due to my experience at CSCH. I was able to gain skills in many basic hypnotherapy techniques as well as specialty certifications that are not only effective, but in high demand! I was able to learn from a variety of instructors and learn the many diversities of the field through all of the class offerings. I was especially drawn to the transpersonal work and have already seen amazing effectiveness of this work at this very early stage of my new career. I have gained a confidence in a path that I am very excited about and know will afford me a great contribution to the world as a whole. I highly recommend the program and the specialty offerings available to someone beginning in the field or someone looking to use these skills in their existing practice.”

**Paula Robbins CCHt.
Denver, CO**